



# Birthdays, Celebrations & Special Occasions

Cake on birthdays is a treat which many children will enjoy on their special day. A lot of families prefer to do this together at home.


To continue to support the health of all children while in your setting, there are many ways we can celebrate birthdays in non-food ways.




On the birthday board a photo of the child is displayed to make them feel special




They get a birthday gift of a book to improve their reading




Card with wishes from all their pre-school friends and staff




Child gets a special job such as helper for the day, where they get to help out staff



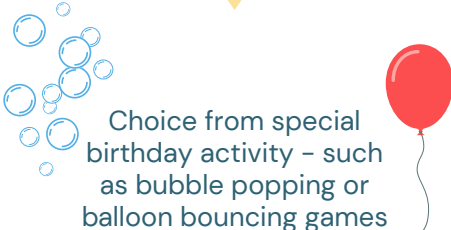
Sing happy birthday to the child or your setting's own birthday song




Have a wooden birthday cake, or blow out candles on a special "birthday dinosaur"




Children can wear their own clothes for the day and/or birthday hat/crown, badge or sticker




Choice from special birthday activity – such as bubble popping or balloon bouncing games




They get to choose a gift from the birthday box




Large candles to blow out



Make the room special by hanging up balloons, a happy birthday banner and having a special chair to sit in!



Ring a bell to announce their birthday



Children and staff go on a birthday walk and a pictorial journal is given to them at the end of the day

If you need any help with coming up with your approach to birthdays/celebrations and introducing changes, including parent engagement, please get in touch. We are here to help!